



Intergenerational Programme 2023

Work Experience Agency Ltd
www.workexperience.agency
T: +353 18 934939
Dublin· Cork

Overview

This training course is aimed at volunteers in the seniors sector. This training course has been designed to empower and enhance the professional development of national counterparts and volunteers working with seniors in health and assistance through intergenerational initiatives. Our course learning contains modules related to theoretical and practical knowledge.



It will consist of several modules and include educational videos, webinars, practical workshops, and participant activities.

Goals

1. Learn about the implementation of successful practices in senior's assistance.
2. Source and analyze up-to-date authentic materials for use in their own practice: To acquire new skills & ideas.
3. Develop further advocacy strategies among the participants
4. The special focus is on the development of skills, practice and supervision of the individuals in a confidential environment.
5. To exchange ideas and develop links with French assistance senior's programs.
6. Reflection and adaptation of one's own values, attitudes and action patterns

Duration:

- 7 working days
- **Destinations:** Nice, France

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Specifications

Tools such as ePortfolio, Wikis, Webquests, Movie Making, Podcasting, Web 2.0, etc. Using digital teaching resources.

Training includes:

- Practical guidance



- Building skills portfolio - support change and to support/extend existing teaching practices
- Case studies & Group Exercises
- Opportunities to develop practical skills vrs. Creative approach

Accommodation

1. Hotel

Cultural programme

2 weekend programme includes 2 full day trips and 1 activity*



Programme

<p>Friday 14th of April 2023</p>	<p>Arrival Day</p> <p>AZ 348 leaving from Rome Fiumicino at 8.55 and arrive in Nice at 10.10 Arrival Flight Number AZ 348</p> <p>One of our local staff will greet you at the airport Mobile no. XXXX and she will accompany you to your hotel by the tram service.</p> <p>Address & location: Appart'City Nice Acropolis - Appart Hôtel 18 bis Rte de Turin, 06300 Nice, France</p> <p>12:30 Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France</p> <p>Walking tour on your own (local person will give you some suggestions) : Meeting Point TBC, Tour in Promenade des Anglais.</p> <p>Dinner: Café de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p>		
	<p>Morning</p>	<p>Afternoon</p>	<p>Evening</p>



<p>Saturday 15th of April 2023</p>	<p>Waking tour around Nice</p> <p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>10:15 Meeting point TBC</p>	<p>12:30 Lunch location TBC</p> <p>Free afternoon</p>	<p>19:30 Dinner location TBC Dinner here</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France Route here</p>
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	<p>During our free walking tour around Nice Old town you can see some of the history as well as explore nice old town and a variety of other unique attractions. Through areas like the Massena square, the opera House, the cours Saleya market, Galerie des Ponchettes, the belanda tower, Rossetti square</p>		
<p>Sunday 16th of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>Day trip to Monaco up to 8h with one of our WEA staff</p> <p>Meeting point: location TBC: 9:30 am</p> <p>Casino /Old town -castle/ F1 /Hercules Harbor / Fontvieille -city on a water / Japanese Garden-Rest</p>	<p>Lunch: location TBC in Monaco</p> <p>Group should be back around 18:00</p>	<p>19:30 Dinner Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France Route here</p>

<p>Monday 17th of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>09:00-12:00 Welcome</p> <p>Venue: www.espacemagnan.com</p>	<p>12:15 Lunch at TBC Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France</p> <p>Route here</p> <p>Visit to Museum TBC .</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>
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	<p>31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>Registration of participants and Introduction. Ice breakers activities</p>		
<p>Tuesday 18th of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>09:00 - 12:00</p> <p>Venue: www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>Learning about emotions, recognizing, naming and what is emotional intelligence and how it can be used at work in Intergenerational relations</p>	<p>12:15 Lunch at TBC Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France</p> <p>14:00 - 16:00 Job shadowing France Alzheimer 1.30 h Venue: TBC</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>

Wednesday 19th of April 2023	Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here 09:00 - 12:00	12:15 Lunch at TBC Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France	19:30 Dinner Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France Route here
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	<p>www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>Communication strategies, types in relation to use among young and elderly</p>	<p>Time: 14:00 - 16:30 Job Shadowing https://www.admr.org/ ADMR de Nice 81 Avenue Simone Veil, 06200 Nice, France Route here</p>	
<p>Thursday 20th of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>09:00 - 12:00</p> <p>www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>What are the policies to fight loneliness among the elderly in France?</p>	<p>12:15</p> <p>Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France</p> <p>Time: 15:00 Ensemble2générations https://ensemble2generations.fr/agence/nice/ Venue: Restaurant Les Combes</p> <p>Route here</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>

Friday 21st of April 2023	Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here	12:15 Lunch at TBC Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France	19:30 Dinner Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France Route here
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	<p>09:00-12:00</p> <p>www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>Universal communication through art, creativity, music, how can they help to facilitate intergenerational communication</p>	<p>Time: 14:00 - 17:00</p> <p>Les petits frères des pauvres with the organisation Averroes Humanity (3 other people)</p> <p>Venue: 8 Avenue Notre Dame, 06000 Nice, France</p> <p>Route here</p>	
<p>Saturday 22nd of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>Free Day</p>	<p>12:15 Lunch</p> <p>Lunch TBC</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>
<p>Sunday 23rd of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here</p> <p>10:15 Meeting point TBC Castle Hill of Nice and Cathedrale Sainte-Reparate.</p>	<p>12:30 Lunch</p> <p>Lunch TBC</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>

Monday 24th of April 2023	Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here	12:15 Lunch at O'Staff 5 Rue Paul Déroulède,	19:30 Dinner Cafe de la Place Café de la place, 11 Pl. Garibaldi,
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	<p>Route here</p> <p>09:00-12:00</p> <p>www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.com</p> <p>Route here</p> <p>Housing solutions to keep Elderly at home for as long as possible France's National Housing Agency (ANAH)</p>	<p>06000 Nice, France</p> <p>TBC :</p> <p>Office municipal des seniors same place, at 14.00 PM same time (update the 04/04/23), office municipal des seniors nice Recherche (bing.com)</p> <p>Or Fondation Claude Pompidou at 2.00 PM, Pompidou Institution : institut pompidou nice - Recherche (bing.com), same time</p>	<p>06300 Nice, France</p> <p>Route here</p>
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<p>Tuesday 25th of April 2023</p>	<p>Breakfast: Boulangerie Pâtisserie "Pianelli", 32 Av. de la République, 06000 Nice, France For breakfast go here Route here 09:00- 12:00</p> <p>www.espacemagnan.com 31, rue Louis de Coppet – 06000 Nice Tel : 04.93.86.28.75 projets@espacemagnan.c om</p> <p>Route here</p> <p>Summary and analysis of the skills learned and their possible use in Anteas</p>	<p>12:15 Lunch</p> <p>Lunch at O'Staff 5 Rue Paul Déroulède, 06000 Nice, France</p> <p>Free afternoon</p>	<p>19:30 Dinner</p> <p>Cafe de la Place Café de la place, 11 Pl. Garibaldi, 06300 Nice, France</p> <p>Route here</p>
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**Wednesd
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of
April
2023**

Departure Day

AZ 343 leaves from Nice at 11:00 and arrives in Rome at 12.10.

Departure Flight Number AZ 343
Leave accommodation at 7:45 am

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ience Agency Ltd www.workexperience.agency
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